

Registered Number 06389944

7M CONSULTING LIMITED

Abbreviated Accounts

31 October 2015

**Abbreviated Balance Sheet as at 31 October
2015**

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets	2	1,075	407
		<u>1,075</u>	<u>407</u>
Current assets			
Stocks		13,000	-
Debtors		1,315	34,716
Cash at bank and in hand		14,337	1,713
		<u>28,652</u>	<u>36,429</u>
Creditors: amounts falling due within one year		(29,020)	(35,452)
Net current assets (liabilities)		<u>(368)</u>	<u>977</u>
Total assets less current liabilities		<u>707</u>	<u>1,384</u>
Total net assets (liabilities)		<u>707</u>	<u>1,384</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		607	1,284
Shareholders' funds		<u>707</u>	<u>1,384</u>

- For the year ending 31 October 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 July 2016

And signed on their behalf by:

MR F P PINTO, Director

MRS K H PINTO, Director

Notes to the Abbreviated Accounts for the period ended 31 October 2015**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Tangible assets depreciation policy

25% reducing balance

2 Tangible fixed assets

	<i>£</i>
Cost	
At 1 November 2014	961
Additions	1,026
Disposals	-
Revaluations	-
Transfers	-
At 31 October 2015	<u>1,987</u>
Depreciation	
At 1 November 2014	554
Charge for the year	358
On disposals	-
At 31 October 2015	<u>912</u>
Net book values	
At 31 October 2015	<u>1,075</u>
At 31 October 2014	<u>407</u>