7-SECONDS CONSULTANCY LIMITED

Registered Number 06348226

Abbreviated Accounts

31 March 2016

7-SECONDS CONSULTANCY LIMITED Abbreviated Balance Sheet as at 31 March 2016

Registered Number 06348226

	Notes	2016	2015
		£	£
Current assets			
Debtors		19,933	6,951
Cash at bank and in hand		684	3,576
		20,617	10,527
Creditors: amounts falling due within one year		(11,452)	(8,757)
Net current assets (liabilities)		9,165	1,770
Total assets less current liabilities		9,165	1,770
Accruals and deferred income		(1,250)	(1,250)
Total net assets (liabilities)		7,915	520
Capital and reserves			
Called up share capital	2	100	100
Profit and loss account		7,815	420
Shareholders' funds		7,915	520

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 27 September 2016

And signed on their behalf by:

H M Knowles, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

2 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
100 Ordinary shares of £1 each	100	100

3 Transactions with directors

5	H M Knowles Advances to director	
Description of the transaction.		
Balance at 1 April 2015:	£ 2,447	
Advances or credits made:	-	
Advances or credits repaid:	£ 2,447	
Balance at 31 March 2016:	£ 0	