

Registered Number 06348226

7-SECONDS CONSULTANCY LIMITED

Abbreviated Accounts

31 March 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets	2	-	173
		<u>-</u>	<u>173</u>
Current assets			
Debtors		6,951	5,162
Cash at bank and in hand		3,576	5,708
		<u>10,527</u>	<u>10,870</u>
Creditors: amounts falling due within one year		(8,757)	(9,838)
Net current assets (liabilities)		<u>1,770</u>	<u>1,032</u>
Total assets less current liabilities		<u>1,770</u>	<u>1,205</u>
Accruals and deferred income		(1,250)	(1,099)
Total net assets (liabilities)		<u>520</u>	<u>106</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		420	6
Shareholders' funds		<u>520</u>	<u>106</u>

- For the year ending 31 March 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 19 October 2015

And signed on their behalf by:

H M Knowles, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2015**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

Tangible assets depreciation policy

Fixtures, fittings and equipment - 25% straight line

2 Tangible fixed assets

	<i>£</i>
Cost	
At 1 April 2014	2,715
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2015	<u>2,715</u>
Depreciation	
At 1 April 2014	2,542
Charge for the year	173
On disposals	-
At 31 March 2015	<u>2,715</u>
Net book values	
At 31 March 2015	<u>0</u>
At 31 March 2014	<u>173</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2015</i> <i>£</i>	<i>2014</i> <i>£</i>
100 Ordinary shares of £1 each	100	100

4 Transactions with directors

Name of director receiving advance or credit:	H M Knowles
Description of the transaction:	Advances to director
Balance at 1 April 2014:	£ 5,142
Advances or credits made:	-
Advances or credits repaid:	£ 2,695

Balance at 31 March 2015:

£ 2,447
